

Oeddech chi'n gwybod?

Gallwch chi gael brechlynnau yng Nghymru sy'n rhydd rhag gelatin porc yn addas i bobl o bod cred a duwyllicant.

Did You Know?

You can get vaccines in Wales that are free from pork gelatine and suitable for people of all cultures and beliefs



Os oes angen brechlyn di-gelatin ar eich plentyn, gallwch ofyn am hyn drwy .lenwir ffurflen e-ganiatâd

If your child requires a gelatin-free vaccine, you can request this by completing the e-consent form



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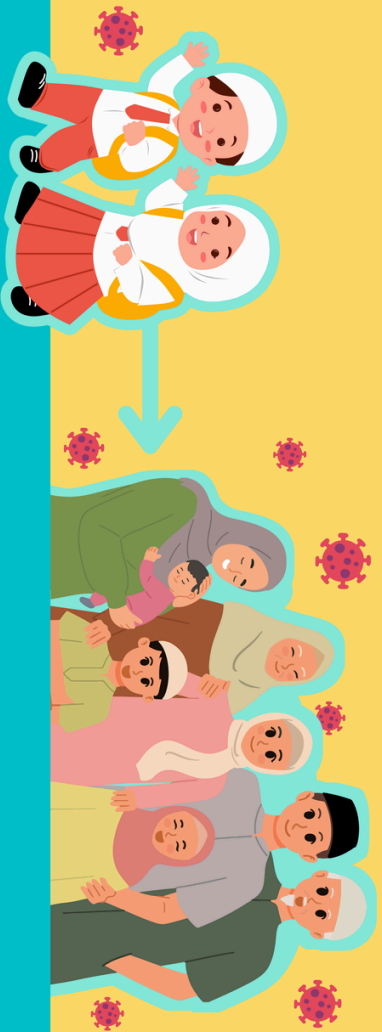
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Mae amddiffyn eich plant rhag y ffliw hefyd yn amddiffyn eich teulu.

Protecting your children from the flu also protects your family

Brechiad y ffliw drwy chwistrell trwyn yw'r warchodaeth orau yn erbyn y ffliw i blant 2 oed a hŷn.

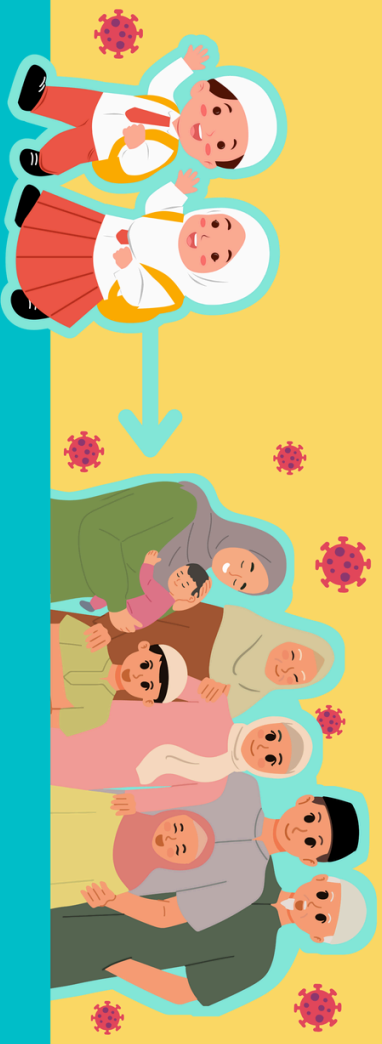
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Os yw eich plentyn yn gallu cael brechiad y ffliw, ond nad ydych eisiau i'ch plentyn gael y chwistrell trwyn, gallwch ofyn am bigiad yn ei le.

The nose spray flu vaccine is the best protection against flu for children aged 2 years and older

Flu vaccine injections do not have gelatine in them. But they do not work as well in children. Some children may need 2 doses

If your child is able to get the flu vaccine, but you do not want your child to get the nose spray, you can ask for the injection instead



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